



University of California Agriculture and Natural Resources

Resources for California Farmers Experiencing Stress
Compiled by: California Dairy Quality Assurance Program and
University of California Agriculture and Natural Resources

NATIONAL & STATE RESOURCES

[National Suicide 24-Hour Prevention Hotline](#) 1-800-783-8255

Confidential, free 24-Hour crisis intervention.

[Farm Crisis Center](#)

National Farmers Union's crisis page with links to resources such as Farm Aid, national disaster recovery resources and USDA grant mediation.

[Central Valley Suicide Prevention Hotline](#) 1-888-506-5991

CVSPH serves California's Central Valley, a culturally diverse group of seven counties: Fresno, Tulare, Kings, Madera, Mariposa, Merced and Stanislaus.

[Lake County Behavioral Health Services](#)

24-Hour Crisis Line: 1-800-900-2075

[Madera County Behavioral Health Services](#)

24-Hour Crisis Line: 1-888-506-5991

[Merced County Behavioral Health & Recovery Services](#)

24-Hour Crisis Line: 1-888-334-0163

[Sacramento County Behavioral Health Services](#)

24-Hour Crisis Line 1-888-881-4881

[San Joaquin County Behavioral Health Services](#)

24-Hour Crisis Line: (209) 468-8686

[Stanislaus County Behavioral Health and Recovery Services](#)

24-Hour Crisis Line: (209) 558-4600

[Sutter-Yuba County Behavioral Health](#)

24-Hour Crisis Lines: (530) 673-8255 or 1-888-923-3800

[Tehama County Health Services Agency](#)

Community Crisis Response Unit Hotline: (800) 240-3208

[Tulare County HHSA Mental Health Branch](#)

24-Hour Crisis Line: 1-800-320-1616

[Yolo County Mental Health Services](#)

24-Hour Crisis Line: (888) 965-6647

[Yuba-Sutter County Behavioral Health](#) (same numbers as Sutter County)

24-Hour Crisis Line: (530) 673-8255 or 1-888-923-3800

COUNTY MENTAL HEALTH SERVICES LINKS AND CRISIS HOTLINES

[Butte County Behavioral Health](#)

24-Hour Crisis Lines: (530) 891-2810 or 1-800-334-6622

[Fresno County Behavioral Health](#)

24-Hour Crisis Line: 1-800-654-3937

[Glenn County Mental Health](#)

24-Hour Crisis Line: 1-800-507-3530

[Kern County Behavioral Health & Recovery](#)

24-Hour Crisis Line: 1-800-991-5272

[Kings County Behavioral Health](#)

24-Hour Crisis Line: 1-559-582-4484